

DEVOTION

SELAH: (SE LAH) N. PAUSE THINK ON THIS



You Are Forgiven

He has removed our sins as far from us as the east is from the west.

—Psalm 103:12, NLT

You have admitted your mistake and asked forgiveness. But for some reason, you can seem to let it go. Day in and day out you find yourself mentally rehearsing it, and asking wondering, How could I have done such a foolish thing? What could I have been thing.

The emotional beating is having a bad impact on your life—interrupting your sleep, hindering your job performance, separating you from family and friends. Worst of all, it is causing you to pull away from God. No matter how much you have prayed, you just cannot seem to get over it.

It's time to let it go! Get over it and begin seeing yourself as God sees you—forgiven!

The Bible says Your Heavenly Father forgave you when you confessed the mistake and wiped your slate clean (1 John 1:9), and He promised not to think about it ever again. Ephesians 1:7 says, He is so rich in kindness that he purchased our freedom through the blood of his Son, and our sins are forgiven.

Despite how badly you feel, believe what God says about you and receive His gift of forgiveness. His is the last word about it, and He has chosen to forgive and forget. Remember that and stop holding on to the wrong you did. You are surrounded with His love and tender mercies and He will continue to fill your life with His goodness.

You are forgiven!

By Edna G. Jordan

